

## ABSTRACT

A swimming goggle have a left and a right frames respectively accommodating eyeglasses therein, a nose support, head fasteners, and adjusting apparatuses for adjusting head fasteners. The nose support connects the left frame with the right frame. The head fasteners respectively connect with outward sides of the left and right frames. Each adjusting apparatus has a biasing arm, operating buttons and a flexible arcuate plate assembled together. The biasing arm abuts against a corresponding stopping slot in a head fastener and is controllable by the operating buttons. The biasing arm engages or disengages the stopping slot to allow moving of the head fastener through operations of the operating buttons. Namely, the operating buttons are operated such that the biasing arms engage/disengage the stopping slots of the head fasteners. A user can easily presses the operating buttons to adjust the head fasteners by means of operation of operating buttons.